

XTREME360 TIMETABLE – Autumn Term 2019/2020

Day:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dates:	09/09/2019	10/09/2019	11/09/2019	12/09/2019	13/09/2019	14/09/2019	15/09/2019
	16/09/2019	17/09/2019	18/09/2019	19/09/2019	20/09/2019	21/09/2019	22/09/2019
	23/09/2019	24/09/2019	25/09/2019	26/09/2019	27/09/2019	28/09/2019	29/09/2019
	30/09/2019	01/10/2019	02/10/2019	03/10/2019	04/10/2019	05/10/2019	06/10/2019
	07/10/2019	08/10/2019	09/10/2019	10/10/2019	11/10/2019	12/10/2019	13/10/2019
	14/10/2019	15/10/2019	16/10/2019	17/10/2019	18/10/2019	19/10/2019	20/10/2019
Park Opens:	10am	10am	10am	10am	10am	10am	10am
Toddlers:	10am-Midday	10am-Midday	10am-Midday	10am-Midday	10am-Midday		
Aged 10 & Under**:						10am-11am	10am-11am
Open Jump ***:	Midday-6pm	Midday-6pm	Midday-6pm	Midday-6pm	Midday-6pm	11am-6pm	11am-4pm
Last session starts at:	6pm	6pm	6pm	6pm	6pm	6pm	4pm
Fitness Sessions:	7pm Boot Camp Not 09/09/2019	6pm Boot Camp	7pm Core & Fat Burn 8pm Core & Fat Burn	6pm Boot Camp			

Day:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dates:	21/10/2019	22/10/2019	23/10/2019	24/10/2019	25/10/2019	26/10/2019	27/10/2019
Park Opens:	10am	10am	10am	10am	10am	10am	10am
Toddlers:							
Aged 10 & Under**:	10am-11am	10am-11am	10am-11am	10am-11am	10am-11am	10am-11am	10am-11am
Open Jump ***:	11am-6pm	11am-6pm	11am-6pm	11am-6pm	11am-6pm	11am-6pm	11am-4pm
Last session starts at:	6pm	6pm	6pm	6pm	6pm	6pm	4pm
Fitness Sessions:	7pm Boot Camp	6pm Boot Camp	7.15 Core & Fat Burn 8pm Core & Fat Burn	6pm Boot Camp			

Day:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dates:	28/10/2019	29/10/2019	30/10/2019	31/10/2019	01/11/2019	02/11/2019	03/11/2019
	04/11/2019	05/11/2019	06/11/2019	07/11/2019	08/11/2019	09/11/2019	10/11/2019
	11/11/2019	12/11/2019	13/11/2019	14/11/2019	15/11/2019	16/11/2019	17/11/2019
	18/11/2019	19/11/2019	20/11/2019	21/11/2019	22/11/2019	23/11/2019	24/11/2019
	25/11/2019	26/11/2019	27/11/2019	28/11/2019	29/11/2019	30/11/2019	01/12/2019
	02/12/2019	03/12/2019	04/12/2019	05/12/2019	06/12/2019	07/12/2019	08/12/2019
	09/12/2019	10/12/2019	11/12/2019	12/12/2019	13/12/2019	14/12/2019	15/12/2019
	16/12/2019	17/12/2019	18/12/2019				
Park Opens:	10am	10am	10am	10am	10am	10am	10am
Toddlers:	10am-Midday	10am-Midday	10am-Midday	10am-Midday	10am-Midday		
Aged 10 & Under**:						10am-11am	10am-11am
Open Jump ***:	Midday-6pm	Midday-6pm	Midday-6pm	Midday-6pm	Midday-6pm	11am-6pm	11am-4pm
Last session starts at:	6pm	6pm	6pm	6pm	6pm	6pm	4pm
Fitness Sessions:	7pm Boot Camp	6pm Boot Camp	7pm Core & Fat Burn 8pm Core & Fat Burn	6pm Boot Camp			

Day:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dates:				19/12/2019	20/12/2019	21/12/2019	22/12/2019
	23/12/2019	24/12/2019	25/12/2019	26/12/2019	27/12/2019	28/12/2019	29/12/2019
			We are closed 01/01/2020	We are closed			
	30/12/2019	31/12/2019		02/01/2020	03/01/2020	04/01/2020	05/01/2020
Park Opens:	10am	10am		10am	10am	10am	10am
Toddlers:							
Aged 10 & Under**:	10am-11am	10am-11am		10am-11am	10am-11am	10am-11am	10am-11am
Open Jump ***:	11am-6pm	11am-6pm		11am-6pm	11am-6pm	11am-6pm	11am-4pm
Last session starts at:	6pm	6pm		6pm	6pm	6pm	4pm
Fitness Sessions:	7pm Boot Camp			6pm Boot Camp			

The new Spring Term starts on Monday 6th January 2020

School Term

School Holidays

* Toddler sessions are for children aged 5 and under. All toddlers must be accompanied on the trampolines by a responsible adult, the ratio of responsible adults to toddlers is at the discretion of the responsible adults. Toddlers can obviously bounce during the Aged 10 and Under sessions.

** Aged 10 and Under sessions are for children aged 0-10. Those aged 5 and under must be accompanied on the trampolines by a responsible adult. Those aged 6-12 must be accompanied in the Park by a responsible adult.

*** Open Jump sessions are for anyone aged 3 and over. 3 to 5 year olds must be accompanied on the trampolines by a responsible adult. Those aged 6-12 must be accompanied in the Park by a responsible adult.

